

School Master Menus

WEEK 1

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

Cold Lunch 🥪🥗🍷

Non-Vegetarian

Chicken & Honey
Mustard Sandwich

Turkey & Noodle
Salad with Veggies

Chicken Caesar Salad with
Croutons

Chicken & Lemon Mayo
Sandwich

Vegetarian

Falafel & Tahini
Wrap

Veggie Noodle Salad

Crispy Tofu Caesar Salad
with Croutons

Egg Salad Sandwich

Hot Lunch 🍕🍔🍷

Non-Vegetarian (Option 1)

Turkey Meatballs
with Tomato Sauce
& Spaghetti

BBQ Chicken Pizza
with Potato Salad

Chicken Parma with Tomato
Sauce, Mash Potatoes &
Veggies

Beef Burger with Baked
Potato Wedges

Non-Vegetarian Daily Special (Option 2)

🌮 **Mexican
Mondays**

🍝 **Italian
Tuesdays**

🍲 **Middle Eastern
Wednesdays!**

🍛 **Indian Thursdays**

Chicken Quesadillas
with Corn Salsa

Penne Bolognese
with Garlic Bread

Chicken Mandi with Tomato
Salsa & Raita

Chicken Tikka Masala with
Basmati Rice

Vegetarian 🍕🍔🍷

Veggies Quesadillas
with Corn Salsa

Penne Pasta with
Tomato Sauce &
Garlic Bread

Leek & Potato Pie with Pastry
Top

Vegetable Korma with
Basmati Rice

Dessert 🍰🍪🍷

Classic Apple Cake

Sticky Toffee
Pudding

Strawberry & Apple Blondie

Date & Honey Fingers

For registration please go to <https://form.jotform.com/Mastercook/NLCS-Registration>



School Master Menus

WEEK 2

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

Cold Lunch 🥪🥗🍲

Non-Vegetarian

BBQ Chicken Sandwich

Grilled Chicken & Fusilli
Pasta with Pesto

Chicken Cajun Wrap

Tuna Pasta Salad

Vegetarian

Cheese & Tomato Wrap

Grilled Veg & Fusilli
Pasta with Pesto

Cheese & Tomato
Sandwich

Tomato Pasta Salad with
Veggies

Hot Lunch 🍲🍕🥗

Non-Vegetarian (Option 1)

Sticky Sweet-Sour
Chicken with Fried Rice

Turkey Turnovers with
Mash Potato & Veggies

Pesto Pasta with Baked
Chicken Goujons

Turkey Burgers with Baked
Potato Wedges

Non-Vegetarian Daily special (Option 2)

🌮 **Mexican
Mondays**

🍝 **Italian Tuesdays**

🍲 **Middle Eastern
Wednesdays!**

🍛 **Indian Thursdays**

Baked Beef Taquitos
Served with Tomato
Salsa

Chicken Alfredo with
Garlic Bread & Peas

Chicken and Potato Tray
Bake with Roasted
Veggies

Butter Chicken Served with
Basmati Rice

Vegetarian 🍲🍕🥗

Sweet & Sour Veg with
Fried Rice

Veggie Turnovers Mash
Potato & Veggies

Veggie Pesto Pasta

Vegetarian Burger with Potato
Wedges

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SCHOOL MASTER MENUS

WEEK 3

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

Cold Lunch 🥪🥗🍵

Non-Vegetarian

Chicken Caesar
Wrap

Turkey Club Sandwich

Chicken & Mozzarella Pasta
Salad

Turkey Salad Wrap

Vegetarian

Cucumber &
Cheese Sandwich

Veggie Club Sandwich

Mozzarella Pasta Salad

Cheese Salad Wrap

Hot Lunch 🍲🥞🍕

Non-Vegetarian (Option 1)

Baked Turkey Pasta
Bake with Garlic
Bread

Chicken & Leek Pie with
Pastry Top with Mash &
Veggies

Chicken Stir Fry with
Veggies & Basmati Rice

Pulled BBQ Chicken Sliders
with Baked Potato Wedges

Non-Vegetarian Daily special (Option 2)

🌮 **Mexican
Mondays**

🍝 **Italian Tuesdays**

🍲 **Middle Eastern
Wednesdays!**

🍛 **Indian Thursdays**

Chicken & Cheese
Enchiladas with
Roasted Veggies

Beef Lasagne Served
with Garlic Bread

Baked Chicken Shawarma
with Baked Spiced Wedges

Beef Biryani Served with
Raita

Vegetarian 🥗🍲🥗

Veggie Quesadillas
with Roasted Veggies

Veggie Lasagna with
Garlic Bread

Veggie Stir Fry with Basmati
Rice

Vegetarian Biryani with
Raita

Dessert 🍰🍪🍉

Treacle Sponge

Lemon Drizzle Slice

Blueberry Buckle Cake

Fruit Trifle



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